



**MANASWINI**  
Employing psychology, empowering minds!

**Manaswini club**

*And*



**Department of  
Psychology**

Vasant Kanya Mahavidyalaya,  
Kamachha, Varanasi

**Presents Seminar  
On**

# INNER CHILD

**“Revisit the world through your inner child’s eyes”**

*Speaker*



**Dr. Purnima**

Assistant professor  
Department of English

*Speaker*



**Pt. Soumyakanti  
Mukherjee**

Department of Vocal Music



Seminar hall,  
Room no. 16,  
Old building



20 August, 2024



2:00PM - 4:00PM

**Register now**



As adults, we often lose touch with the curiosity, creativity, and imagination that defined our childhood. We get caught up in the hustle and bustle of daily life, and our sense of wonder starts fading. But what if you could reignite that spark? Embracing our inner child is not about being childish or immature, but about tapping into the creativity, curiosity, and imagination that defined our youth. It's about approaching life with a sense of wonder, awe, and curiosity.

Just like the lyrics say,

नन्हे मुन्ने बच्चे तेरी मुट्टी में क्या है,

मुट्टी में है तक्रदीर हमारी।

भोली-भाली मतवाली आँखों में क्या है,

आँखों में झूमे उम्मीदों की दीवाली।



## Hola! To the inner child

In our small hands and innocent eyes lie the dreams and hopes of our future. By embracing our inner child, we can find joy and excitement in the everyday moments, form unbreakable bonds with others through laughter and play, discover new passions that make our hearts skip a beat. We can become fearless, explorers, tackling challenges with confidence and courage.

The thing is it's not always easy, and it takes courage to let go of our fears and doubts. But the rewards are SO worth it. You'll discover a more playful, curious, and adventurous you.

So, are you ready to reignite that spark and start your journey of self-discovery, growth, and transformation?

